

ROCKY MOUNTAIN ADVENTURE MEDICINE

COVID-19 INFORMATION FOR CLIENTS - STAGE 2, SEPTEMBER 2020

COURSE ADAPTATIONS THAT WE WILL PUT IN PLACE TO ENSURE COMPLIANCE ARE AS FOLLOWS:

Rocky Mountain Adventure Medicine takes your safety and well-being VERY seriously. For the foreseeable future this means that our training programs will look a little differently from past programs. We ask for your patience and understanding as we implement these additional measures in order to keep both you, the client and our instructors safe. Please see the information below, to see how we are preparing and adapting to bring you the same quality training programs that we have in the past. Please be assured that we are following Public Health Guidelines in our practices.

Re-Certification Requirements:

- Alberta Occupational Health & Safety have indicated that regular rules for re-certifications are now in place.
- This means that expiration dates are being upheld
- There are no more extensions for certifications that need to be re-certified
- There is no longer flexibility with respect to workplace certifications
- First Aid qualifications must be re-certified prior to their expiry

Course Logistics: Screening

- ALL course participants will be required to complete a screening questionnaire prior to commencing the program.
- ALL course participants will be required to have their temperature taken at the start of each session
- ALL course participants will be required to sign to indicate that they have no risk factors for COVID-19 at the beginning of each course session
- Any participant who is sick with cold-like symptoms such as cough, fever, runny nose, sore throat, or shortness of breath will NOT be permitted to attend the course
- RMAM will work with any participants whose training is interrupted, to enable them to complete their certification at a later date

Course Logistics: Physical Distancing; Hygiene; PPE

- Maximum of 15 participants in a class with 1 instructor **or**
- Course participant number is equal to 50% of room capacity (if less than 15)
- Availability of soap and water for handwashing, or alternatively Hand Sanitizer available at all courses
- Facility cleaning practices for classroom environment complies with Public Health Guidelines
- Physical distancing during theoretical / lecture components.
- Students will be required to sit in the same seat for the duration of the program.
- During practical activities when physical distancing is not feasible, PPE will be used.
- Participants are asked to provide their own mask for use during the course
- Masks are available for purchase if required
- Use of face masks and gloves will be MANDATORY for ALL practical activities and scenarios



Celebrating 20 years

September 2020

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Course Logistics: Facilities

- Facilities will only be used for courses when cleaning / decontamination procedures comply with established Public Health Guidelines
- Adequate Handwashing facilities and / or Hand Sanitizer must be available for client use
- Communal items e.g. coffee / water stations will not be operational or used

Course Materials and Equipment

- Gear and paperwork will be prepared with 'decontamination' time allowances built in
- Manuals and paperwork will be in closed boxes to preserve cleanliness
- Paperwork packages are to be handed out to course participants by a gloved instructor
- Completed paperwork should be placed by individuals into a designated location in order to reduce contact
- Class copies of AAM binders (for re-certification programs) will be available for any clients who want them.
- Decontamination time allowance will be built in between courses, with additional sets of binders on hand.
- Final course exams will be completed online
- Certificates will be emailed out to successful participants at the end of each program. Hard copies are available upon request.
- Equipment will be cleaned using a 'wipe-twice' method - cleaned then disinfected after use.
- Instructors will be provided with additional equipment, Alcohol swabs, Hand Sanitizer and Disinfecting wipes or Bleach and water spray on each course

Client Requirements and Responsibilities:

- Clients who are sick with cold-like symptoms such as cough, fever, runny nose, sore throat, or shortness of breath (even if minor), MUST NOT attend a course.
- Individuals who meet the criteria for self – isolation as outlined at www.alberta.ca/coronavirus-info-for-albertans.aspx MUST NOT attend the course
- Clients must understand and accept the requirement to wear PPE for practical activities and scenarios, since physical distancing requirements cannot be accommodated during some of these activities
- Diligent hand washing and use of hand sanitizer is required throughout the course
- Provision of a writing implement, water, snacks, lunch and beverages throughout the duration of the course
- Clients who do not follow the rules/ guidelines outlined above, will be asked to leave the course.



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